

4th Breast and Endocrine Surgery Course 25-27 Aug 2016, Kota Baru, Malaysia

In May 2012, the College of Surgeons, Academy of Medicine Malaysia together with the Ministry of Health Malaysia signed an agreement with the International Association of Endocrine Surgeons (IAES) and Breast Surgery International (BSI) to hold five Breast and Endocrine Surgery Courses in Malaysia.

The 4th course was held in Kota Baru, Malaysia from 25-27th August 2016. Dr Mikael Hartman and Dr Sharon Chan were the lecturers from BSI while Dr Mark Symark and Dr Ming Khoon Yew were the lecturers from IAES. The theme of the course was "Back to Basics" which catered to both general and specialist breast and endocrine surgeons. Since there are only less than 40 breast and endocrine surgeons registered with the Malaysian National Specialist Register, much of the breast and endocrine work in Malaysia is carried out by general surgeons. The organising chairman of this year's course is Dr Imi Sairi bin Ab Hadi, the head of the Breast and Endocrine Surgery Unit in the General Hospital Kota Baru, and the Advisor was Professor Dr Rohaizak Muhammad from the National University of Malaysia and the Co-Advisor was Dr Nor Aina Emran, the head of the Breast and Endocrine Surgery Services in the Ministry of Health.

Kota Baru is the capital of Kelantan which is in the north-eastern part of Malaysia, on the border with Thailand. It is an agrarian state, with lush paddy fields and rustic fishing villages. It has a mainly Malay and Muslim population of 1.7 million. A study on breast cancer in Kelantan between 2005-2007 showed that 56% of breast cancers were Staged 3 and 4. Late diagnosis is a serious problem in Kelantan, where women are more likely to go for traditional medicine than conventional western medicine.

The opening ceremony took place on 25th August 2016, and the course was opened by Dato' Dr Abdul Jamil bin Abdullah, the Head of Surgical Services in the Ministry of Health. 170 surgeons from all parts of Malaysia registered for the conference. At the Opening Ceremony, Dr CH Yip, President of the Breast Surgery International, gave a speech on the role of BSI and encourage breast surgeons to join the society, and to register for the World Congress of Surgery in Basel in August 2017. The opening ceremony was followed by the endocrine surgery session, which was for the whole day.

During the endocrine session, the BSI team was taken on a visit to Hospital Tanah Merah, which is an hour's drive from Kota Baru. The purpose of the visit was to introduce the two BSI lecturers, who are both from high income countries, to a hospital where resources are limited. This is a specialist district hospital, which have only two general surgeons serving a population of 200 000. This hospital functions at a low resource setting, and there is no mammogram or CT scan. Only xrays and ultrasound is available. Breast cancers are typically seen at an advanced stage. There is no pathologist in this hospital and tissue specimens are sent to the main hospital in Kota Baru. After a tour of the wards, clinics, operating theatres (there are only two operating theatres and they are in different locations) and emergency department, we were treated to lunch, and a further discussion on what problems were faced by the hospital. After returning to Kota Baru, we were again treated to a fabulous dinner of Kelantanese food.

The breast surgery session started on the next day, 26th August, and the two lecturers gave a total of 10 lectures, with cases presented by the breast and endocrine surgery fellows from Kota Baru, Penang and Kuala Lumpur. There was a lively discussion among the participants and it was clear that everyone had a good time.

Another sumptuous dinner was provided that night.

The next day on 27th August 2016 was the ultrasound workshop, held at the Hospital Raja Perempuan Zainab II, which consisted of 2 lectures followed by hands-on workshop on breast ultrasound using phantoms and live patients, as well as ultrasound guided biopsies and vacuum assisted excision biopsy. The workshop was for 40 delegates who were specialist breast and endocrine surgeons as well as the breast and endocrine fellowship trainees. The workshop ended with lunch.

CH Yip
President
BSI

Our speakers – Dr Mikael Hartman, Dr Sharon Chan, Dr Ming Khong Yew and Dr Mark Sywark.





Dr Imi Sairi bin Abd Hadi, the organising chair and Dato' Dr Abdul Jamil bin Abdullah, the Head of Surgical Services in Ministry of Health Malaysia



Visit to Hospital Tanah Merah District Hospital 25th August 2016

Ultrasound workshop – in Hospital Raja Perempuan Zainab II, 27 August 2016



Kelantanese food



Breast Surgery Programme

26 Aug 16

08.15 – 8.45 ASSESSING BREAST CA RISKS (Mikael Hartman)

08.45 – 09.15 UPDATE ON SURGICAL OPTIONS IN BREAST CA MX (Sharon Chan)

09.15 – 09.45 WHEN DO YOU NEED AN EXCISION BIOPSY (Sharon Chan)

09.45 – 10.15 DECISION MAKING FOR BREAST CONSERVING SURGERY (Mikael Hartman)

10.15 – 10.45 TEA/COFFEE BREAK

10.45 – 11.15 BETTER BCS COSMETIC OUTCOMES (Sharon Chan)

11.15 – 11.45 AXILLARY DISSECTION : HOW MUCH IS ADEQUATE? (Mikael Hartman)

11.45 – 12.15 CASE DISCUSSION I & II

12.15 – 12.45 HOW TO START A RESEARCH IN BREAST SURGERY? (Mikael Hartman)

2.45 – 2.30 LUNCH / FRIDAY PRAYER

2.30 – 3.00 ONCOPLASTIC BREAST SURGERY : BASIC PRINCIPLES (Sharon Chan)

3.00 – 3.30 LOCALLY ADVANCE BREAST CANCER – WHAT TO OFFER (Mikael Hartman)

3.30 – 4.00 CASE DISCUSSION III & IV

4.00 – 4.30 MANAGEMENT DILEMMAS IN METASTATIC BREAST CANCER (Sharon Chan)

4.30 – 5.00 CASE DISCUSSION V & VII

5.00-5.30 TEA / COFFEE – DISMISS

Ultrasound Workshop

27 AUG 2016

VENUE: ACC BUILDING, HOSPITAL RAJA PEREMPUAN ZAINAB II, KOTA BHARU

0800 – 0830 REGISTRATION

0830 – 0900 PRINCIPLES OF ULTRASOUND AND GUIDED BIOPSY (Sharon Chan)

0900 – 0930 ULTRASOUND FOR BENIGN AND MALIGNANT LESIONS (Mikael Hartman)

0930 – 1000 TEA / COFFEE BREAK

1000 – 1230 ULTRASOUND WORKSHOP

Station 1 - Understanding your US machine and ultrasound anatomy of the breast

Station 2 - Breast lump assessment (real patient)

Station 3 - Ultrasound guided biopsy - phantom biopsy - normal core

Station 4 - Ultrasound guided biopsy - vacuum assisted

Station 5 - Breast lump assessment (real patient)

1230 LUNCH / SESSIONS END